



DISTRICT 2-X3
“Opportunities for Youth”
DIABETIC AWARENESS ESSAY
Contest Rules 2009-2010

“DIABETES – THE EPIDEMIC IS HERE”

The rate of increase for diabetes has literally reached epidemic proportions, especially in some minority population segments. With the current debate on the nation’s health care system, explore the possible ramifications, both monetary and non-monetary, of this growing epidemic on the health care system. Also, explore the available options to deal with the epidemic; medically, legislatively, educationally, etc. Research for this topic can be conducted by interviewing any public or private individual who may provide insight into the topic and by using Internet and library resources. Sources of data and quotes should be identified by the time and date published

Each contestant must be a full time student in a Texas high school or comparable education program, must be a Junior or Senior class member at the time of the District 2-X3 Lions Mid-Winter Conference on **January 23, 2010**, and be sponsored by a Lions, Lioness or Leo Club in District 2-X3. The First Place Winner of the contest will then advance to the State-level competition being held at the MD-2 Lions State Convention on **May 13-15 2010**, in **El Paso, Texas**.

The Diabetic Awareness Essay shall be a written article to be read by the contestant at the MD 2-X3 Mid-Winter Conference in competition with other contestants.

The essay shall not exceed 1500 words. All words in the essay are counted, including articles, conjunctions and pronouns, i.e., “a,” “I,” “the,” “and” and “@.”

Each contestant must personally research, write and read this contest essay and present it before judges and spectators. The essay must use a bibliography of sources used in its composition.

Two or more of the judges should be knowledgeable about the medical aspects of diabetes; one or more should be an educator knowledgeable about English grammar, sentence structure, pronunciation and syntax.

The following are the criteria used for judging essays:

1. 60% - authenticity, current information and application of the assigned essay topic.
2. 15% - grammar, sentence structure, pronunciation, enunciation, correct word usage and relationship to the assigned essay.
3. 25% - understandability of the essay through personal presentation techniques in use of posture, eye contact and voice by its modulation, volume, speed, clarity and enunciation.

The area must have good acoustics, be free from outside noises and disturbances and have controlled access. *No one will be allowed to enter the presentation after a presentation has begun, and no one will be allowed to leave the presentation until after the judges have finished scoring the contestant.*

Contestants will be allowed to visit the presentation area, test the microphone and ask questions about contest facilities and procedures.

Contestants will draw for positions and remain outside the contest area until invited to enter by the Contest Coordinator.

Contestants will not give any self-introduction but give the title of their essay and then proceed with the reading. The audience should be informed before the first contestant to not applaud at the end of the essay.

Contestants will then take their seats in the assigned area and remain to hear following essays.

When all essays have been presented, contestants, in the order of their presentation, will stand one at a time and state their names, hometowns, ages, schools, grade levels and sponsoring Lions Clubs. At the end of this process, the audience may then collectively applaud all contestants. Persons involved in the conduct of the contest, parents, chaperones and guests of the contestants will then be introduced.

The winners will be announced during the District 2-X3 Lions Youth Awards Luncheon at noon. The winner will present his essay at that time. The winner will receive **\$300.00** and the runner-up will receive **\$150.00**

All contestants must agree to be available, on request, to participate in District 2-X3 Lions events and activities during the period from immediately after the contest until the end of the following year's contest.

The entry fee of \$100.00 (which is paid by the Lions Club that sponsors the contestant) must be submitted with the Contest Application, two photographs (head and shoulders close-up), biographical information and three (3) copies of the essay. The sponsoring club must make sure all documents are completed and have all the required signatures before sending the application to the District Chairman no later than the **December 18, 2009** deadline.

All contestants should be accompanied by a chaperone from the sponsoring Lions Club to the Mid-Winter Conference. Each club must register and pay in advance for each Contestant and Chaperone to attend the Youth Awards Luncheon.

Direct all questions and send applications with required information and entry fee to:

DIABETIC AWARENESS ESSAY
Lion MARTIN HEESE – Coordinator
367 Heese Lane
Waco, TX 76705
H: 254-867-1414
C: 254-709-6754
57mheese@live.com

Note: District Competitions will be held on January 23, 2010, during the Mid-Winter Conference in Crockett, Texas.