



**DISTRICT 2-X3  
"Opportunities for Youth"  
DIABETIC AWARENESS ESSAY  
Contestant Rules**

**"DUE TO THE EPIDEMIC INCREASE OF TYPE II DIABETES IN CHILDREN, WHAT CAN BE DONE BY THE PUBLIC TO REDUCE THIS TREND?"**

The essay should analyze the latest treatments available and present their effectiveness. Research for this topic can be conducted by interviewing school officials, teachers, doctors, nurses, paramedics, other medical professionals, diabetes research organizations, diabetes patients, the Internet, and by using the library. Sources of data and quotes should be identified by title and date published (year if known).

Each contestant must be a full time student in a Texas High School or comparable education program, must be a Junior or Senior class member at the time of the District 2-X3 Lions Mid-Winter Conference on **January 19, 2008 in Palestine, Texas**, and be sponsored by a Lions, Lioness, or Leo Club in District 2-X3. The first place winner of contest will then advance to the state level competitions being held at the MD-2 Lions State Convention on May 16<sup>th</sup> and 17<sup>th</sup>, 2008 in Amarillo, Texas at the Ambassador Hotel.

The Diabetic Essay shall be a written article to be read by the contestant at the MD-2 State Convention in competition with other contestants.

The essay shall not exceed 1500 words. All words in the essay are counted including articles, conjunctives and pronouns. For example: i.e., "a," "I," "the," "and," and "an@.

Each contestant must personally research, write and read the contest essay and present it before judges and spectators. The essay must include a bibliography of sources used in its composition.

Two or more of the judges should be knowledgeable about the medical aspects of diabetes; one or more should be an educator knowledgeable about English grammar, sentence structure, pronunciation and its correct usage.

The following are the criteria used for judging essays:

1. Sixty percent of the score will be based on the authenticity, current information, and an application of the assigned Essay Topic.
2. Fifteen percent on grammar, sentence structure, pronunciation, enunciation, correct word usage, and relationship to the assigned Essay.
3. Twenty-five percent understandability of the essay through personal presentation techniques in use of posture, eye contact and voice by its modulation, volume, speed, clarity, and enunciation.

The area must have good acoustics, be free from outside noises and disturbances, and have controlled access. No one will be allowed to neither enter during an essay nor leave until judges have finished scoring the contestant.

Contestants will be allowed to visit the presentation area, test microphone, and ask questions about contest facilities and procedures.

Contestants will draw for positions and remain outside the contest area until invited to enter by the Contest Coordinator.

Contestants will not give any self-introduction but give the title of their essay and then proceed with the reading. The audience should be informed before the first contestant to not applaud at the end of the essay.

Contestants will then take their seat in the assigned area and remain to hear following essays.

No one is allowed to enter or exit the contest room during a reading.

When all essays have been presented, contestants in the order of their presentation, will stand one at a time and state their names, hometowns, ages, schools, grade levels, and LIONS club sponsors. At the end of this process, the audience may then collectively applaud all contestants. Persons involved in the conduct of the contest, parents, chaperones, and guests of the contestants, will then be introduced.

The winners will be announced during the District 2-X3 Lions Youth Award Luncheon at noon. The winner will present his/her essay at that time. The winner will receive **\$300.00** and the runner-up will receive **\$150.00**.

All contestants must agreed to be available, on request to participate in District 2-X3 Lions events and activities during the period from immediately after the contest until the end of the following years contest.

The entry fee of \$100.00 (which is paid by the club who is sponsoring the contestant) must be submitted with the Contest Application, Two Photographs (head and shoulders close-up), Biographical Information, and Three Copies of Essay. The sponsoring club must make sure all documents are completed, have all the required signatures, and then send to the District Chair, no later than **January 1, 2008** deadline.

All contestants should be accompanied by a chaperone from the sponsoring Club to the Mid-Winter Conference. Each club must register and pay in advance for each Contestant and Chaperone to attend the Youth Awards Luncheon.

Direct all questions and send applications with required information to:

**DIABETIC AWARENESS ESSAY**

**Lion MARTIN HEESE – Coordinator**

**367 Heese Lane**

**Waco, Texas 76705**

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**Note: District Competitions will be held in Palestine, Texas on January 19, 2008. Contest location to be announced at a later date.**